

OLYMPIC GOLD MEDALIST STACY DRAGILA



Personal Attention by Olympians Hand-picked Elite Coaching Staff

Supplemental training points:

- Gymnastics for the vault
- Strength and Development
- Sprint mechanics

NWA HOSTING DRAGILA VAULT CAMPS

FAYETTEVILLE, AR

MAY 31

FRIDAY NIGHT LIGHTS PV COMPETITION

JUNE 1-2

ELITE PV CAMP

In-Depth Feedback Vaulting Experience

- Short run and long run approach
- Detailed Drill work
- ON and OFF runway skill sessions





OLYMPIC FINALIST
NINJA WARRIOR
APRIL STEINER
BENNETT



Contact: 480-421-8620
APRILVAULT16@GMAIL.COM
REGISTER @ VAULTCHICK.COM

